

SHIRTS ACROSS AMERICA

2026 New Orleans Immersion Trip Packing List

Luggage

- **Please limit your luggage to one (1) carry-on bag and one (1) checked bag. All of your items must fit in these two bags.**
- Alaska Airlines charges a **\$40** fee for checked bags **each way** for bags 50 lbs or less.
 - *Cash and checks are generally not accepted as a form of payment at airline counters.*

Bedding: IMPORTANT UPDATE FROM PREVIOUS TRIPS

- Bedding
 - Pillow
 - Pillowcase

NO SLEEPING BAG IS NEEDED! Bedding will be provided.

Clothing

***Check New Orleans's weather before to packing your bag. Please pack appropriately.**

- Volunteer Days (4 days)

*Please pack clothes that you don't mind getting dirty/stained. Keep in mind that some choose to wear the same pants/shorts multiple days at the worksites.

 - 1 pair of sturdy, closed-toe shoes (e.g., hiking boots, or sneakers with a thick sole)
 - 4 T-shirts
 - 4 Pants or shorts or leggings (***SEE EXAMPLES below for Safety/Protective worksite Shorts***)
 - Socks
 - REQUIRED: 1 long-sleeve shirt (building task may require it)**
 - REQUIRED: 1 pair of long pants (building task may require it)**
 - Hat or bandana
 - Sunglasses
- Non-Volunteer Days/Post Volunteering (7 days)
 - 1 pair of comfortable walking shoes
 - 7 Shirts
 - 7 Pairs of pants or shorts
 - 1 sweatshirt/fleece for layering
 - 1 waterproof jacket/shell**
 - Sleepwear/Pajamas
 - Socks
 - Undergarments

Personal Items

- REQUIRED: Water Bottle**
- Towel
- Shower Shoes

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- Toiletries
 - Toothbrush, toothpaste, deodorant, shampoo, soap, etc.
- Medication/Prescriptions (Must notify SAA before to the trip of any medications taken daily)
- \$150-175 - suggested for souvenirs, snacks, 4 meals out & tipping bus driver. Have small amount in cash. These funds do not include money needed to check luggage)
- Hand Sanitizer

Notes and Suggestions

- There is **no** access to laundry facilities, so please pack enough clothing to last the entire trip.
- Pack a garbage bag to place dirty work clothes in.
- If you have dietary restrictions, please pack snacks and be prepared to purchase snack items to supplement your meals in New Orleans.
- If you have any questions about the packing list or trip, please email us at neworleans@shirtsacrossamerica.org

Examples - Safety/Protective worksite Shorts



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Examples - Safety/Protective worksite Shorts (continued)

