

# SHIRTS ACROSS AMERICA

## 2026 New Orleans Immersion Trip Packing List

### Luggage

- **Please limit your luggage to one (1) carry-on bag and one (1) checked bag. All of your items must fit in these two bags.**
- Alaska Airlines charges a **\$35** fee for checked bags **each way** for bags 50 lbs or less.
  - *Cash and checks are generally not accepted as a form of payment at airline counters.*

### Bedding: IMPORTANT UPDATE FROM PREVIOUS TRIPS

- Bedding
  - Pillow
  - Pillowcase

**NO SLEEPING BAG IS NEEDED! Bedding will be provided.**

### Clothing

**\*Check New Orleans's weather before to packing your bag. Please pack appropriately.**

- Volunteer Days (4 days)

\*Please pack clothes that you don't mind getting dirty/stained. Keep in mind that some choose to wear the same pants/shorts multiple days at the worksites.

  - 1 pair of sturdy, closed-toe shoes (e.g., hiking boots, or sneakers with a thick sole)
  - 4 T-shirts
  - 4 Pants or shorts or leggings (***SEE EXAMPLES below for Safety/Protective worksite Shorts***)
  - Socks
  - REQUIRED: 1 long-sleeve shirt (building task may require it)**
  - REQUIRED: 1 pair of long pants (building task may require it)**
  - Hat or bandana
  - Sunglasses
- Non-Volunteer Days/Post Volunteering (7 days)
  - 1 pair of comfortable walking shoes
  - 7 Shirts
  - 7 Pairs of pants or shorts
  - 1 sweatshirt/fleece for layering
  - 1 waterproof jacket/shell**
  - Sleepwear/Pajamas
  - Socks
  - Undergarments

### Personal Items

- REQUIRED: Water Bottle**
- Towel
- Shower Shoes

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- Toiletries
  - Toothbrush, toothpaste, deodorant, shampoo, soap, etc.
- Medication/Prescriptions (Must notify SAA before to the trip of any medications taken daily)
- \$150-175 - suggested for souvenirs, snacks, 4 meals out & tipping bus driver. Have small amount in cash. These funds do not include money needed to check luggage)
- Hand Sanitizer

### Notes and Suggestions

- There is **no** access to laundry facilities, so please pack enough clothing to last the entire trip.
- Pack a garbage bag to place dirty work clothes in.
- If you have dietary restrictions, please pack snacks and be prepared to purchase snack items to supplement your meals in New Orleans.
- If you have any questions about the packing list or trip, please email us at [neworleans@shirtsacrossamerica.org](mailto:neworleans@shirtsacrossamerica.org)

### Examples - Safety/Protective worksite Shorts



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**Examples - Safety/Protective worksite Shorts (continued)**

