

SHIRTS ACROSS AMERICA

2025 New Orleans Immersion Trip Packing List

Luggage

- **Please limit your luggage to one (1) carry-on bag and one (1) checked bag. All of your items must fit in these two bags.**
- Alaska Airlines charges a **\$35** fee for checked bags **each way** for bags 50 lbs or less.
 - *Cash and checks are generally not accepted as a form of payment at airline counters.*

Bedding: IMPORTANT UPDATE FROM PREVIOUS TRIPS

- ☐ Bedding
 - ☐ Pillow
 - ☐ Pillowcase

NO SLEEPING BAG IS NEEDED! Bedding will be provided.

Clothing

***Check New Orleans's weather before to packing your bag. Please pack appropriately.**

- ☐ Volunteer Days (4 days)

*Please pack clothes that you don't mind getting dirty/stained. Keep in mind that some choose to wear the same pants/shorts multiple days at the worksites.

 - ☐ 1 pair of sturdy, closed-toe shoes (e.g., hiking boots, or sneakers with a thick sole)
 - ☐ 4 T-shirts
 - ☐ 4 Pants or shorts or leggings (***SEE EXAMPLES below for Safety/Protective worksite Shorts***)
 - ☐ Socks
 - ☐ **REQUIRED: 1 long-sleeve shirt (building task may require it)**
 - ☐ **REQUIRED: 1 pair of long pants (building task may require it)**
 - ☐ Hat or bandana
 - ☐ Sunglasses
- ☐ Non-Volunteer Days/Post Volunteering (7 days)
 - ☐ 1 pair of comfortable walking shoes
 - ☐ 7 Shirts
 - ☐ 7 Pairs of pants or shorts
 - ☐ 1 sweatshirt/fleece for layering
 - ☐ **1 waterproof jacket/shell**
 - ☐ Sleepwear/Pajamas
 - ☐ Socks
 - ☐ Undergarments

Personal Items

- ☐ **REQUIRED: Water Bottle**
- ☐ Towel
- ☐ Shower Shoes

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- ☐ Toiletries
 - ☐ Toothbrush, toothpaste, deodorant, shampoo, soap, etc.
- ☐ Medication/Prescriptions (Must notify SAA before to the trip of any medications taken daily)
- ☐ \$150-175 - suggested for souvenirs, snacks, 4 meals out & tipping bus driver. Have small amount in cash. These funds do not include money needed to check luggage)
- ☐ Hand Sanitizer

Notes and Suggestions

- There is **no** access to laundry facilities, so please pack enough clothing to last the entire trip.
- Pack a garbage bag to place dirty work clothes in.
- If you have dietary restrictions, please pack snacks and be prepared to purchase snack items to supplement your meals in New Orleans.
- If you have any questions about the packing list or trip, please email us at neworleans@shirtsacrossamerica.org

Examples - Safety/Protective worksite Shorts



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Examples - Safety/Protective worksite Shorts (continued)

