

New Orleans Immersion Trip Packing List

Luggage

- Please limit your luggage to one (1) carry-on bag and one (1) checked bag. All of your items must fit in these two bags.
- Most airlines charge a **\$30** fee for checked bags **each way** for bags 50 lbs or less.
 - Cash and checks are generally not accepted as a form of payment at airline counters. If a student does not have a debit/credit card, families can purchase a prepaid VISA gift card with \$60 to cover the cost of checked bags both ways.

| Bedding: IMPORTANT UPDATE FROM PREVIOUS TRIPS |
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| | Bedding | | |
|---|---|---|--|
| | | REQUIRED: Sleeping Bag | |
| | | Pillow and Pillowcase | |
| | | | |
| Clothi | | | |
| *Chec | k New (| Orleans's weather prior to packing your bag. Please pack appropriately. | |
| | Volunteer Days (4 days) | | |
| | *Please pack clothes that you don't mind getting dirty/stained, keep in mind – some choose to | | |
| | wear the same pants/shorts multiple days at the worksites. | | |
| | | 1 pair of sturdy, closed-toe shoes (e.g. hiking boots, or sneakers) | |
| | | 4 T-shirts | |
| | | 4 Pants or shorts | |
| | | Socks | |
| | | REQUIRED: 1 long-sleeve shirt (building task may require it) | |
| | | REQUIRED: 1 pair of long pants (building task may require it) | |
| | | Hat or bandana | |
| | | Sunglasses | |
| Non-Volunteer Days/Post Volunteering (7 days) | | | |
| | | 1 pair of comfortable walking shoes | |
| | | 7 Shirts | |
| | | 7 Pairs of shorts or pants | |
| | | 1 sweatshirt/fleece for layering | |
| | | 1 waterproof jacket/raincoat | |
| | | 1 semi-casual outfit for a church service on Sunday | |
| | | Pajamas | |
| | | Socks | |
| | | Undergarments | |
| | | | |

| Personal Items | | |
|----------------|--|--|
| | REQUIRED: Water Bottle | |
| | Towel | |
| | Shower Shoes | |
| | Toiletries | |
| | □ Toothbrush, toothpaste, deodorant, shampoo, soap, etc. | |
| | Medication/Prescriptions (Must notify SAA prior to the trip of any medications taken daily) | |
| | \$150-175 in cash (suggested - for a few meals off-site with your team as well as souvenirs) | |
| | Hand Sanitizer | |
| | Face Masks for the week | |

Notes and Suggestions

- There is **no** access to laundry facilities, so please pack enough clothing to last the entire trip.
- Pack a garbage bag to place dirty work clothes in.
- If you have dietary restrictions, please pack snacks and/or be prepared to purchase snack items to supplement your meals in New Orleans.
- If you have any questions about the packing list or trip, please email us at neworleans@shirtsacrossamerica.org