

SHIRTS ACROSS AMERICA

New Orleans Immersion Trip Packing List

Luggage

- **Please limit your luggage to one (1) carry-on bag and one (1) checked bag. All of your items must fit in these two bags.**
- Most airlines charge a **\$30** fee for checked bags **each way** for bags 50 lbs or less.
 - *Cash and checks are generally not accepted as a form of payment at airline counters. If a student does not have a debit/credit card, families can purchase a prepaid VISA gift card with \$60 to cover the cost of checked bags both ways.*

Bedding: IMPORTANT UPDATE FROM PREVIOUS TRIPS

- Bedding
 - **REQUIRED: Sleeping bag *or* a blanket**
 - Pillow/ Pillowcase

Clothing

***Check New Orleans's weather prior to packing your bag. Please pack appropriately.**

- Volunteer Days (5 days)

*Please pack clothes that you don't mind getting dirty/stained, keep in mind – some choose to wear the same pants/shorts multiple days at the worksites.

 - 1 pair of sturdy, closed-toe shoes (e.g. hiking boots, work boots, or sneakers)
 - T-shirts
 - Pants or shorts
 - Socks
 - **REQUIRED: 1 long-sleeve shirt (building task may require it)**
 - **REQUIRED: 1 pair of long pants (building task may require it)**
 - Hat or bandana
 - Sunglasses
- Non-Volunteer Days/Post Volunteering (7 days)
 - 1 pair of comfortable walking shoes
 - Shirts
 - Pants or shorts
 - 1 sweatshirt/fleece for layering
 - 1 waterproof jacket/raincoat
 - 1 semi-casual outfit for a church service on Sunday
 - Pajamas
 - Socks
 - Undergarments

Personal Items

- ❑ **REQUIRED: Water Bottle**
- ❑ Towel
- ❑ Shower Shoes
- ❑ Toiletries
 - ❑ Toothbrush, toothpaste, deodorant, shampoo, soap, etc.
- ❑ Medication/Prescriptions (Must notify SAA prior to the trip of any medications taken daily)
- ❑ \$125-150 **in cash** (suggested - for a few meals off-site with your team as well as souvenirs)
- ❑ Journal (for personal use; any type is fine)

Notes and Suggestions

- There is **no** access to laundry facilities, so please pack enough clothing to last the entire trip.
- Pack a garbage bag to place dirty work clothes in.
- If you have dietary restrictions, please pack snacks and/or be prepared to purchase snack items to supplement your meals in New Orleans.
- If you have any questions about the packing list or trip, please email us at neworleans@shirtsacrossamerica.org