

SHIRTS ACROSS AMERICA

New Orleans Immersion Trip Packing List

Bedding: IMPORTANT UPDATE FROM PREVIOUS TRIPS

- Bedding-
 - REQUIRED: Sleeping bag *or* sheets and a blanket (top and bottom) for a twin mattress**
 - Pillow
 - Pillowcase

Luggage

- **Please limit your luggage to one (1) carry-on bag and one (1) checked bag. All of your items must fit in these two bags.**
- Most airlines charge a **\$30** fee for checked bags **each way** for bags 50 lbs or less.
 - Cash and checks are generally not accepted as a form of payment at airline counters. If a student does not have a debit/credit card, families can purchase a prepaid VISA gift card with \$60 to cover the cost of checked bags both ways.

Clothing

***Check New Orleans's weather prior to packing your bag. Please pack appropriately.**

- Volunteer Days (5 days)
 - *Please pack clothes that you don't mind getting dirty/stained
 - 1 pair of sturdy, closed-toe shoes (e.g. hiking boots, work boots, or sneakers)
 - 5 shirts
 - 5 pairs of shorts or pants
 - Socks
 - REQUIRED: 1 long-sleeve shirt (building task may require it)**
 - REQUIRED: 1 pair of long pants (building task may require it)**
 - Hat or bandana
 - Sunglasses
- Non-Volunteer Days/Post Volunteering (7 days)
 - 1 pair of comfortable walking shoes
 - 7 shirts
 - 7 pairs of shorts or pants
 - 1 sweatshirt/fleece for layering
 - 1 waterproof jacket/raincoat
 - 1 semi-casual outfit for a church service on Sunday
 - Pajamas
 - Socks
 - Undergarments

Personal Items

- REQUIRED: Water Bottle**
- Towel
- Shower Shoes
- Toiletries

- Toothbrush, toothpaste, deodorant, shampoo, soap, etc.
- Medication/Prescriptions
- Sunscreen
- Hand sanitizer
- Insect Repellant
- \$125-150 **in cash** (suggested - for a few meals off-site with your team as well as souvenirs)
- Journal (any kind is fine)

Notes and Suggestions

- There is **no** access to laundry facilities, so please pack enough clothing to last the entire trip.
- Pack a garbage bag to place dirty work clothes in.
- If you have dietary restrictions, please pack snacks and/or be prepared to purchase snack items to supplement your meals in New Orleans.
- If you have any questions about the packing list or trip, please email us at neworleans@shirtsacrossamerica.org